

AN EXERCISE IN LIGHTENING UP

New year, new Yoga Dogs calendar — S.A. duo happy to give people a smile each month

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ON the cover, Annika demonstrates a toe stand.

Curtis puts on his hound-dog face for the Warrior I stretch. Chocolate poodle Borris pulls through the Cobra Pose.

The Yoga Dogs calendar (\$13.99) arrives for 2010 with new images by Dan and Alejandra Borris of San Antonio — that are a delight for dog and yogis alike.

"It started out as kind of a fun thing to do, and it's growing. It's kind of taking off," photographer Dan Borris said. "We are at work now starting on yoga puppies. The Yoga Dogs nation is growing." There's talk about Yoga Dogs books, T-shirt parties, networking, greeting cards and T-shirts.

Borris' wife is an animal lover and former yoga instructor who recruits dogs belonging to friends, neighbors and even strangers.

She positions the animals in yoga poses, or as close as the four-legged models can get, for the photos. Borris uses Photoshop to correct the final images.

"This is a definite departure for me," said Borris, who usually shoots magazine and advertising assignments. "But you know what? It's fun, 'lightens up.' Life is so difficult for so many people these days. So it's just good to lighten up a little."

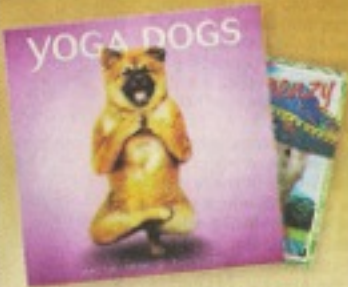
After the success of the 2009 canine calendar, they added a Yoga Cats calendar this year, with their cat Soozie as the cover star.

Though dogs go to Borris' studio for a fun, crazy day of shooting, it's different with cats, Borris said.

"Cats don't come to the studio. We have to go there," he said. "Everything about cats is a little more difficult."

There are hundreds of animal-themed calendars available. Here are a few that are extra fun.

Annika tries out the toe stand



Dan and Alejandra Borris show canines doing more than the downward dog in their 2010 Yoga Dogs calendar. **PAGE 3E**

DOG DAYS

Planet Puppy 2010 World Map

Parents gaze the globe-wide Internet site the home of Library of Congress on every globe, and they are eagerly awaited. Available online and in hardcover, \$13.99.

Cats in Hats novel and calendar

Similar to the popular Cats in Hats novel, calendar.

We don't know why Annika Borris's canine is named Annika. They are extremely creative in their endeavor. Available online and in hardcover, \$13.99.

Galena Pig Greeting with calendar

Photographer Steve Russell captures Galena and Yoko hunting for the gold. Available online and in hardcover, \$13.99.